

## Healthcare Fraud is on the Rise Protect Yourself

## "Fraud Prevention Tips for Benefit Plan Members"

**Do** protect your health card (both your provincial and benefits plan health cards). These are your identity cards and the link to your health records. When someone else uses these without your knowledge, your records will be corrupted, which will affect your insurability.

**Don't** let someone else use your benefits card to obtain services or products. When you do this, these services are recorded in your name and the resulting corruption of your health record may result in eligibility issues when you need services at a later time. Similarly, don't use someone else's health card or identification to obtain services.

**Do** be vigilant. Watch for others abusing our health plan and report these abuses to HR or to your insurer.

**Do** check the receipts and explanation of benefits you receive for products or services. Make sure these accurately reflect what was received/done. If there is a difference, report it.

**Don't** sign your name to blank forms. These allow others to use you for fraudulent activities.

**Do** ask for copies of any forms that you sign.

**Don't** let others use your health spending account. These are your funds.

**Do** be suspicious of free services that require your health insurance information. Remember, if it is free, there isn't any need to share insurance information.

**Do** alert your health insurance company of any providers who routinely waive your copayment or deductible.

## Fraud: Recognize it, Report it, Stop it.

Recognize It and be vigilant; be on the lookout for scams that can affect you or your plan. Report It to Human Resources, to your benefits carrier or anonymously to the CHCAA. Stop It take an active part in protecting your public (government) and private healthcare dollars.